



Trinity School for Seniors

WINTER SCHOOL



7—25 July 2025

Welcome to *Winter School*

Trinity School for Seniors offers a casual three week 'Winter School' program during the July school holidays which provides the perfect opportunity to try out a variety of classes that you might not normally consider during term time.

To participate in Winter School activities, please complete an enrolment form to reserve your place in your preferred classes. There is limited availability based on the size of each classroom and thus it is imperative that participants book to reserve their spot. The fee structure for Winter School is a simple **\$2 donation per class**, payable to your tutor on arrival to the class. You will see the following icons referenced alongside each course in this program to assist you in making your selections.



A \$2 Donation is payable to tutor on arrival to the class.



Booking required.

Please contact TSFS Reception to reserve your place.



Exercise class or excursion involving moderate walking or physical abilities.



Higher fee required for attendance at event.

May be payable to TSFS prior to event/class date.

COVID-19 Vaccination Policy:

UCIC recommends all attendees remain up to date with their covid vaccinations.

Trinity School for Seniors Winter School classes are conducted from the following two buildings:

Queens Building—97 William St, Perth WA 6000

Reception is located on Level 1.

Classrooms are located on Level 1 and 2 with lift access.

Classrooms in this location:

- Queens Board Room
- Queens Lecture Room
- Queens Meeting Room
- Queens Activities Room
- Queens Hall

Trinity Building—72 St Georges Tce, Perth WA 6000

All classrooms are located at the back of the Trinity Church, Ground Floor Trinity Arcade.

Classrooms in this location:

- Trinity Hall





Porcelain Art *with Zilla Wong*

Come along to a multi-day workshop and experience the unique art form of Porcelain Art. This class is open to everyone regardless of your skill level. Learn new techniques or paint what you already know. Communal use of paints, brushes & mediums will be supplied, though please bring along three small pieces of white porcelain per session and pictures of flowers, fruits, birds, small animals, etc, that you would like to paint.

New technique will be introduced: Use of Decals

As decals are not part of the communal materials, a small cost less than \$1.50 (in addition to the class fees) will be collected separately by the Tutor to cover the costs.

Equipment required: Three pieces of white porcelain around the size of a side plate per session.

Regular enrolled students please read materials list regarding items that they should bring along.

Please do not bring stoneware or bone china, only porcelain.



Monday, Wednesday,
Friday

Trinity Art Hall

7, 9, 11 July

10.00am—1.00pm



Get To Know Your Art Materials *with Lyn Williamson*

Mastering any creative work requires you to know how to use your materials and tools. In this short session we will find out what art materials are and how to use what you have so you do not buy what you do not need. How to find the materials to make your work easier. Getting to know your own art supplies and a short history of art materials and the myths that can be debunked. As Picasso said "you need to know the rules, to break the rules". Regardless of the mediums in art you use, you will find some useful information to help you in your art creation journey.



Monday

Trinity Art Hall

14 July

9.30am—12.30pm



French Conversation for Intermediate and Advanced Speakers *with Christel Bouton*

A less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group. Students require an intermediate level of French experience.



Tuesdays

Queens Boardroom

8, 15 & 22 July

12.00pm—2.00pm



History Alive *with Susie King*

The Rise of Fascism in the First Half of the 20th Century

With the rise of extreme right-wing groups in a number of countries today, the Rise of Fascism in the Twentieth Century becomes even more topical and relevant. History Alive will look at the rise of Fascism in a selected number of countries – Italy, Germany, Australia and Britain. What does Fascism mean? Why did it receive mass support in some countries but remain a minority group in others? Using a variety of sources and examples, the causes, progress and consequences of Fascism will be explored in the first half of the Nineteenth Century.

Session 1: Mussolini's Italy

Italy is closely associated with the Renaissance and the arts and yet shortly after WWI it embraced an altogether different world, that of Mussolini and his Black Shirts. Why and how did Mussolini achieve this and go on to set the model for other fascist groups?

Session 2: Hitler's Germany

Following WWI, a defeated and crushed Germany had democracy imposed, in part, by the victorious Allies. Find out how Hitler exploited this and the Great Depression to form a Nazi Dictatorship which was to have an impact on much of the modern world.

Session 3: New Guards and Brownshirts – A Challenge to Democracy

Australia and Britain had long and established democracies. They were to be challenged both from the right and left of politics with many believing that Fascism was less of a threat than Communism. Who led the Fascists in Australia and Britain and how successful were they? Why has the far right become more popular again?



Tuesdays

Queens Lecture Room

8, 15 and 22 July

10:30am—11:30am



Colin's Experiences in Asia and the City of Perth *with Colin Barnett*

Colin served in the WA Parliament for 28 years and was Premier for over eight years. During that time he travelled extensively to Asia and met with many dignitaries in his efforts to promote the State of WA. He was also responsible for numerous capital developments in WA. Colin has kindly agreed to share some of his memories with us at TSFS.



Tuesday

Queens Lecture Room

8 July

12.30pm—1.30pm



Poetry of the 20th Century, From the Beats to the Mersey Sound *with Ian Nichols*

This class will look at some of the formative poets of the cities during the sixties and seventies and examines how they emerged, what they said and how they changed the world of poetry. We will look at some essential poets and read through and explicate some of their poetry. This class will bring the fun back into poetry.



Tuesday

Queens Lecture Room

15 July

12.30pm—2.00pm



Winter School at the Shule with Diane Cotter

As part of our series of visits to different places of worship, this July, we will be visiting the Perth Hebrew Congregation in Menora. The Synagogue is the heart of the Jewish community, and you will be inspired and entertained as Rabbi Dan Lieberman explains the laws and customs of the Jewish faith.

His talk will be followed by a visit to the Jewish gift shop and Kosher Providore, which is a gourmet gem, selling an array of Kosher food products, including their famous delicious bagels. We will then stop at the nearby Terry Tyzack Aquatic Centre for optional morning tea (at your own cost).

A reasonable level of mobility is needed for this tour as there is some walking involved.



Tuesday

Depart Queens
Foyer at 9.45am to
catch the bus

22 July

Tour starts at
10.30am



Learn to Play Tunes on English Handbells with Carol Davis

Discover how to make awesome music with English handbells! Each person rings 2 bells, one in each hand, but you can choose to ring only 1. No musical knowledge or experience is required as all notes are colour coded for each ringer to ensure success playing well known tunes as a team. Ringing is easier if standing but can also be done seated. Come along to try something new and have some fun making music!



Tuesday

Queens Hall

22 July

1pm—2.30pm





Demystifying Aged Care with BaptistCare

Confused about your aged care options? You're not alone. Many families find the aged care system difficult to navigate. That's why BaptistCare's aged care specialists offer a free Demystifying Aged Care information session.

These sessions include:

- an overview of the current aged care landscape in Australia
- an explanation of the different care options, fees and funding eligibility
- information about the processes involved in accessing care services
- a Q&A session so you can ask all the questions you have.



Wednesday

Queens Lecture Room

9 July

11.00am—2:00pm



Canasta Five

Canasta Five is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. This class is only for experienced players as no tuition is provided.



Wednesday

Queens Hall

9, 16 & 23 July

11.00am—2:00pm



Needlework Social Group with Faye Etherington

Come and join a friendly handcraft group. Whether it be patchwork, embroidering, knitting, quilting, or something special that you are currently working on, bring it along to this relaxed and social group. Drop in any time between 10am—2.00pm to join this friendly, outgoing group of handcrafters.

If you would like to learn to knit, bring 8ply wool and 4mm or No.8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook.



Wednesdays

Queens Hall

9, 16 & 23 July

10.00am—2.00pm



Opportunities to Engage with TADWA with Charlotte Swanborough

TADWA is dedicated to supporting seniors in maintaining their independence and well-being as they age. We also empower people living with disabilities to live independently and enhance their quality of life. As both a My Aged Care provider and a registered NDIS provider, we are committed to delivering tailored, innovative solutions that promote independence, safety, and social inclusion. This TADWA presentation will showcase our diverse businesses and highlight modifications which can be made in and around the home, featuring before-and-after photos.

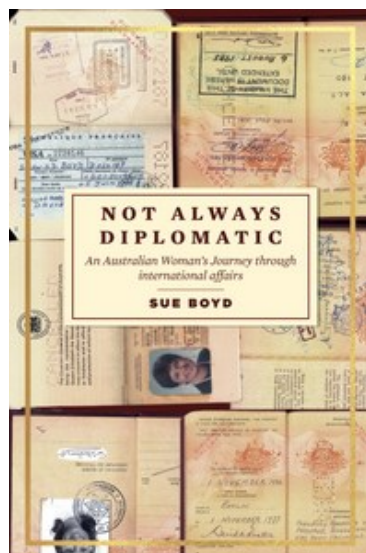


Thursday

Queens Lecture Room

10th July

10.00am—11.00am



Not Always Diplomatic—An Australian Woman's Journey Through International Affairs with Sue Boyd AM

Following the success of this talk during Summer School we asked Sue to come back again!

Come along to hear Sue Boyd talk about her 35 years in the Australian Foreign Service. All at important times for Australian Foreign Policy. Sue served in Portugal and East Berlin, as High Commissioner in Bangladesh, Fiji, Tuvalu and Nauru as well as Ambassador in Vietnam and Consul General in Hong Kong. This story is told with great humour and is based on her autobiographical book of the same title. Sue's book will be available for sale after the talk for \$30 (cash preferred)



Thursday

Queens Lecture Room

10th July

12.30pm—1.30 pm



Watercolour by Jeanne with Jeanne McWhirter

Is watercolour really too hard or unforgiving? Come and find out.

If there is something specific you need help with please put it in writing and give it to me before class via reception and I will try to help.

What to bring:

Watercolour paints, 300 gm paper, brushes, palette etc.
Photocopy of subject will be provided .



Thursday

Trinity Hall

24 July

10.00am—2.00pm



Stay on Your Feet *With Injury Matters*

- Information about why people may fall
- Move Your Body, including building balance and strength
- Improve Your Health, including managing your medications, nutrition and healthy eating, and keeping a healthy mind
- Remove Hazards, including home safety and hazards in and around the home, wearing safe footwear, and checking your eyesight
- Tips and strategies for preventing falls



Thursday

Queens Lecture Room
Room

17 July

11am—12pm



Stroke Safe *With Deb Palacios*

In Australia, a stroke occurs every 19 minutes. In 2020, more than 27,000 Australians, of all ages, experienced stroke for the first time... But the good news is that it doesn't need to be this way. More than 80 percent of strokes can be prevented.

Stroke Safe Speakers are trained in public speaking and experienced in delivering life-saving messages about stroke.

Many have either had a stroke themselves or are close to someone who has, so while they will present common information about stroke and its prevention, they will also draw on their own personal experiences so every talk is different – and very powerful.

Don't miss out on your chance to learn how you could help save the life of a friend, family member or colleague and how you can reduce your own stroke risk!

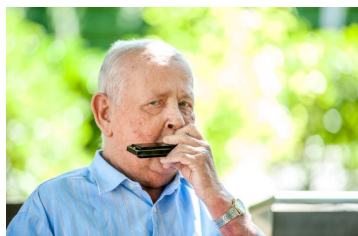


Thursday

Queens Board Room

17 July

1.30pm – 2.30pm



Harmonica and Jam *with Joe Wisniewski*

Learn basic Harmonica together with anyone that wants to join in with their own instrument of choice. Or join in with the singing and have fun.

The song we will be playing is [Love Me Do] by the Beatles. If you know the song you can see how the song fits in with the harmonica.

If you have to purchase a harmonica you can pick one up at most music shops or online, for \$10.00 to \$60.00. Made in Germany is good. You will need a harmonica in the key of [C] This is important.

This is a group lesson so no pressure on anyone, just enjoy. Family and friends welcome to register too.



Fridays

Queens Hall
11, and 18 July
10.30am—12.00pm

Queens Lecture
room
25 July
10.30am—12.00pm



Colour Psychology—The Emotional Effects of Colours *with Christian Long*

Christian Long is currently working as a Counsellor/Therapist in a not-for-profit organization working with Families, Couples, Children and Male Perpetrators of Domestic Violence. In his career he has provided Psycho-Education programs within the school systems for students and parents, Gambling Help programs and within the prison system has worked with perpetrators of child sexual abuse. Christian has integrated his extensive and colourful work experience into a sequence of exciting interactive presentations, that are enjoyed and appreciated by the Curious, and the Knowledge Seekers.



Friday

Queens Lecture Room

11 July

1.00pm—2.00pm



Graphology—Exploring personality traits. Your signature is your narrative *with Christian Long*

Christian Long is currently working as a Counsellor/Therapist in a not-for-profit organization working with Families, Couples, Children and Male Perpetrators of Domestic Violence. In his career he has provided Psycho-Education programs within the school systems for students and parents, Gambling Help programs and within the prison system has worked with perpetrators of child sexual abuse. Christian has integrated his extensive and colourful work experience into a sequence of exciting interactive presentations, that are enjoyed and appreciated by the Curious, and the Knowledge Seekers.



Friday

Queens Lecture Room

18 July

1.00pm—2.00pm



Trinity Trivia *with the team from Student Voice*

Come and join us for a fun trivia afternoon with an opportunity to test your knowledge and memories, and enjoy some great conversation and company.

You will be randomly assigned to a team of 4-6 people to give everyone a chance to meet new faces and ensure fairness, so no need to worry about putting a team together! Everybody welcome.

Please feel free to bring a small plate of snacks to share. Tea and coffee will be provided.

Join in the fun!! Who will be victorious in the great Trinity Trivia challenge of 2025?



Friday

Queens Hall

25 July

12.30pm—2.30pm

TRINITY SCHOOL FOR SENIORS

TRINITY TRIVIA



PRESENTED BY YOUR STUDENT VOICE TEAM





QUEENS HALL | TEAMS WILL BE ALLOCATED ON THE DAY

GOLD COIN ENTRY

BOOKINGS ESSENTIAL

Winter School

Quick Reference

Winter School Workshop	Workshop Location	Day	Time				
Porcelain Art	T—Main Hall	M, W, F 7, 9, 11	10.00am - 1.00pm	✓	✓		✓
Get to Know Your Art Materials	T—Main Hall	MON 14	9.30am-12.30pm	✓	✓		
Experiences in Asia & the City of Perth	Q-Lecture Room	TUES 8	12.30pm-1.30pm	✓	✓		
History Alive	Q -Lecture Room	TUE 8, 15, 22	10.30am– 11.30am	✓	✓		
French Conversation	Q-Board Room	TUE 8, 15, 22	12.00pm-2.00pm	✓	✓		
Poetry of the 20th Century	Q-Lecture Room	TUE 15	12.30pm-2.00pm	✓	✓		
Winter School at the Schule	Depart Q Foyer	TUE 22	10.30am-11.30am	✓	✓	✓	
English Handbells	Q - Hall	TUE 22	1.00pm - 2.30pm	✓	✓		
Needlework Social Group	Q-Hall	WED 9, 16, 23	10.00am-2.00pm	✓	✓		
Canasta Five Group	Q-Hall	WED 9, 16, 23	11.00am—2.00pm	✓	✓		
Demystifying Aged Care	Q-Lecture Room	WED 9	10.00am-11.00am	✓	✓		
TADWA	Q-Lecture Room	THURS 10	10.00am-11.00am	✓	✓		
Not Always Diplomatic	Q-Lecture Room	THURS 10	12.30pm—1.30pm	✓	✓		
Stay On Your Feet	Q-Lecture Room	THURS 17	11.00am-12.00pm	✓	✓		
Stroke Safe	Q-Lecture Room	THURS 17	1.30pm-2.30pm	✓	✓		
Watercolour with Jeanne	T-Main Hall	THURS 24	10.00am-2.00pm	✓	✓		
Harmonica and Jam	Q—Hall	FRI 11, 18, 24	10.30am-12.00pm	✓	✓		
Colour Psychology	Q-Lecture Room	FRI 11	1.00pm-2.00pm	✓	✓		
Graphology	Q-Lecture Room	FRI 18	1.00pm-2.00pm	✓	✓		
Trinity Trivia	Q-Hall	FRI 25	12.30pm-2.30pm	✓	✓		

* **T—Trinity Building; Q—Queens Building** (refer to previous page for directions)

Level 1, 97 William St, Perth, WA 6000 | (08) 9483 1333 | Reception@tsfs.org.au
www.perthunitingchurch.org.au

Scan this QR code to save our contact details to your phone:



Trinity School for Seniors
Companionship through Learning

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Office Hours:

Term time - Monday to Friday 9am – 3pm

Holiday time - Monday to Friday 9am – 12pm

