



Trinity School for Seniors

SUMMER SCHOOL



11—28 January 2022

72 St Georges Terrace, Perth, WA 6000 | (08) 9483 1333 | Reception@tsfs.org.au

www.perthunitingchurch.org.au

Welcome to Summer School

Trinity School for Seniors offers a casual three week 'Summer School' program during the January school holidays which provides the perfect opportunity to try out a variety of classes that you might not normally consider during term time. To participate in Summer School activities, please complete a booking form to reserve your place in your preferred classes. There is limited availability based on the size of each classroom and thus it is imperative that participants book to reserve their spot. The fee structure for Summer School is a simple **\$2 donation per class**, payable to your tutor on arrival to the class. You will see the following icons referenced alongside each course in this program to assist you in making your selections.



A \$2 Donation is payable to tutor on arrival to the class.



Booking required.

Please fill in the attached booking form or contact TSFS Reception to reserve your place.



Exercise class or excursion involving moderate walking or physical abilities.

How to get to TRINITY SCHOOL FOR SENIORS

Trinity School for Seniors Summer School classes are conducted from the following two buildings:

Trinity Building: 72 St Georges Tce, Perth WA 6000

All classrooms are located on the Ground Floor Trinity Arcade

Reception is located on Level 1, Trinity Arcade

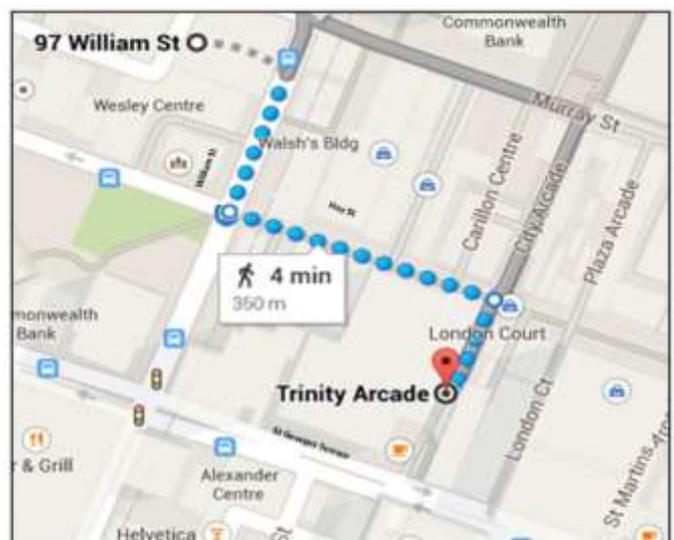
Classrooms in this location: **Trinity Main Hall, Trinity Church**

Queens Building: 97 William St, Perth WA 6000

All classrooms are located on Level 1 with lift access

Classrooms in this location: **Queens Board Room, Queens Main Hall, Queens Lecture Room**

Please note: Any queries whilst attending classes at the Queens Building must be directed to Reception in the Trinity Building. Please DO NOT refer to the UCIC Reception Office.





ORIGAMI FOR BEGINNERS & KIDS WITH GEORGE HO

Come by yourself, bring the grand-kids or a friend and discover the wonders of Origami - the art of paper folding. Learn the techniques to transform a piece of paper into an interesting object, for example a flower, bird or a fish. Origami improves hand-eye coordination and fine motor skills. Materials provided, no previous experience necessary. Bring a carry bag or box to take your creations home.



Tuesday
Trinity Main Hall

11 January
18 January
25 January

9:30am—11am



FRENCH CONVERSATION WITH CHRISTEL BOUTON

A less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group.



Tuesday
Queens Boardroom

11 January
18 January
25 January

12pm—2pm



DEALING WITH DISAGREEMENTS WITH RITA CHOY

This is an interactive workshop offering a basic understanding of conflict and how it arises. We will explore the causes of conflict and techniques of how to handle disagreements constructively. Resolving conflict satisfactorily can help reduce avoidable stress and anxiety in life, leading to contentment and sustained relationships. At the end of the workshop, students will take away some tips of dealing with conflict productively.



Tuesday
Queens Lecture Room

11 January
18 January
25 January

10am—12:30pm



WALKING TOURS WITH DAVID DOBB

Walking Tours depart from TSFS Reception at 9.30am, travelling to/from destination via train, so don't forget your SmartRider! Come along to explore these stunning historical suburbs with commentary from David along the journey. Optional lunch at the end of each walk at the destination.



Tuesdays

Departing from
TSFS Reception at
9.30am

Tuesday 11 January — Guildford

Tuesday 25 January — Subiaco

Utilising the free Hop-On Hop-Off Tram Service to explore Subiaco.

Book in for one or both walking tours, the choice is yours!



GERMAN DISCUSSION GROUP WITH CHRISTA KALTENBRUNN-LONG

Interessante Diskutier- und Unterhaltungs Stunden mit Christa. A good level of German is required to participate in this discussion group.



Tuesday
Queens Boardroom

11 & 18 January

10am—12pm



NEEDLEWORK SOCIAL GROUP WITH FAYE ETHERINGTON

Come and join a friendly handcraft group. Whether it be patchwork, embroidering, knitting, quilting, or something special that you are currently working on, bring it along to this relaxed and social group. Drop in any time between 9am—2pm to join this friendly, outgoing group of handcrafters.

If you would like to learn to knit, bring 8ply wool and 4mm or No.8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook.



Wednesday
Trinity Main Hall

12 & 19 January

9am—2pm



WATERCOLOUR WITH JEANNE MCWHIRTER

This session will cater for those who have previous watercolour painting experience. Bring along your usual watercolour painting supplies including paints, brushes, paper, palette, etc.



Wednesday
Trinity Main Hall

12 January 9am—2pm



INTRO TO BIRD WATCHING WITH BRENDAN KINSELLA

Birdwatching is a great excuse to get out into the great outdoors. Wherever you go, you will see birds. On our city streets, in the parks and gardens, in farmland, forests and wetlands, in the mountains, at the beach and even out in the open ocean — they are everywhere. One of the great aspects of birding is that different types (or species) of birds live in different areas and habitats, so it is not difficult to see a whole variety of different birds. Why not give it a go? You may become enthralled with the simple joy of birdwatching.

Brendan Kinsella has been volunteering with Birdlife WA for over 25 years and is a keen advocate for the future of WA birds and protecting their environment. Come along to this interactive talk to discover more about identifying birds and have a bit of fun testing your knowledge of Australian birds. Learn more about which birds are doing well and which need our help, and why.

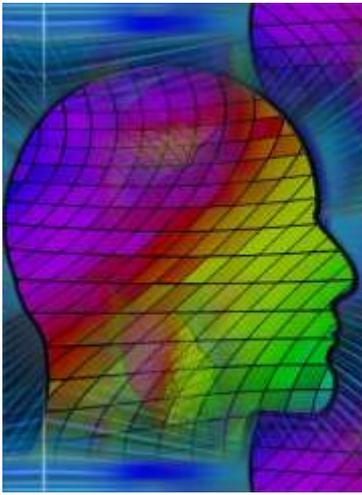


Wednesday
Lecture Room,
Queens Building

19 January

10am – 11am

*Donations in support
of Birdlife WA's
conservation efforts
welcomed*



PSYCHOLOGY OF COLOURS IN EVERYDAY LIFE WITH CHRISTIAN LONG

Different colours have different psychological effects on people – red encourages appetite, blue provides a sense of security, green stimulates harmony, orange promotes enthusiasm, purple is associated with papal nobility - certain colours - shades evoke emotion and move people to action.

- How does colour red work - red is significantly visible and makes an image/product and or a person wearing it stand out/ attracts attention
- Why do we choose not to wear certain colours – is it a conscious or emotional decision
- Colour selection by a client in therapy can convey a reasonably accurate understanding of a client's psychological and emotional status
- Colour is a nonverbal statement of how we view our world - it represents ideas – feelings and emotions

Group participants will experience a workshop used to explore colour psychology in everyday life, presented by psychotherapist Christian Long.



Monday
Lecture Room,
Queens Building

17 January

10am – 12pm



THE NEXT STEP IN WATERCOLOUR WITH DAVE CONLIN

This session will cater for those who have previous watercolour painting experience. Extend your understanding of working with this medium as Dave demonstrates and then students will have an opportunity to have a go. Working through the stages of painting a quick monochrome painting and then progressing to full colour painting.

Visit www.daveconlinartist.com to view examples of Dave's completed works.

Materials List available



Wednesday
Main Hall
Trinity Building

19 January

9am—3pm

BYO Lunch

HISTORY ALIVE WITH SUSIE KING



Revolutions 1750-1850

You say you want a Revolution
Well, you know
We all want to change the world
(Lennon and McCartney 1968)

Whilst the above was written at a time of the social and cultural revolutions of the 1960s it still resonates with any revolution in history. This Summer school looks at three very different revolutions in three different countries - Britain's Industrial Revolution, the American Revolution and the French Revolution. All three sought and brought about changes which were to have a lasting impact. Why did they occur and what were the consequences?

Session 1: Full Steam Ahead - Britain's Industrial Revolution 1750-1850

This Revolution was to take Britain from a rural country to a highly industrialised and urban powerhouse. How did this small island achieve such a feat? What were the consequences of this rapid transformation? How did it affect society and the political system?

Session 2: No Taxation without Representation - The American Revolution 1776-83

The original 13 colonies on the eastern seaboard of America took on the might of British rule and won! Why did they want to break the shackles and how did they manage to defeat a much more powerful foe? What were the lasting consequences of this Revolution?

Session 3: 'Qu'ils mangent de la brioche' - The French Revolution 1789 -1799

Many historians consider this to be one of the most significant events in Western history. Why? With the inspiration of the Enlightenment and its slogans it was to inspire many other movements. This session will explore the origins of this revolution and its impact on France as well as the wider world.

Thursday
Queens Lecture Room

13 January
20 January
27 January

10:30am—11:30am



VICARIOUS ADVENTURES IN THE OUTBACK WITH ROB & RITA PHILLIPS



An experience of caretaking at the Eyre Bird Observatory

In 2015, Rita and Rob Phillips were caretakers at the Eyre Bird Observatory, on the Nullarbor coast, 1200km east of Perth. This presentation will share their experiences over three months, illustrated by Rita's photos. They will share the challenges of simultaneously maintaining the observatory and garden, managing bird counting, weather reporting and catering for multiple guests. But, they will also share the natural wonder of this beautiful, but isolated, part of Australia, from landscapes, sunrises and sunsets, to the diverse bird, animal and sea life.

Thursday
Lecture Room,
Queens Building

13 January

12:30pm – 1:30pm



PHOTOGRAPHY BASICS WITH KIM STEWART

Learn to take better photographs without needing professional gear! Covering the basics including learning how to use all the features on your digital camera correctly. Designed for those who may have cameras they take on holidays, to take photos of family, friends, landscapes or vistas and want to improve the quality of the images they take. Will also discuss available printing options, photo storage and security requirements.

Please bring along your digital camera. Note, the camera on your mobile phone is not a suitable alternative for this course.



Thursday
Boardroom,
Queens Building

13 & 20 January

10am—12pm



MINIMISING HOUSEHOLD WASTE WITH ROB PHILLIPS

Join this interactive session about how to reduce the amount of household waste you produce, and how to recycle and reuse other waste to minimise what goes into landfill. We will talk about the new ways that councils are collecting your rubbish, and what things can be put into each bin. Other topics will be:

- What can you do with different types of plastic?
- What products can you use instead of plastic?
- How can you minimise the amount of food waste you create, and what can you do with it?

We expect that everyone has some ways that they reduce their own waste, and by sharing our ideas, we can all produce less waste.



Thursday
Lecture Room,
Queens Building

20 January

12:30pm – 1:30pm



ORCHESTRA OF SOUND WITH JOE WISNIEWSKI

Teaching the fundamentals of the following instruments: 6 String Guitar, Piano, Bass Guitar, Harmonica, Ukulele, Cajon Drum, Percussion and Shacking, Ga-zoo, plus rhythm and timing. The idea is, in three weeks put together an orchestra of Sound—playing a song together and having fun! All are welcome, children included. Bring along your voices and anything you might think will work.



Friday
Trinity Church,
Trinity Building

14, 21 & 28 January

11am – 12pm

Summer School Quick Reference

Participants must book in advance for all Summer School activities due to limited spaces. Please note, payment for all activities are due when you arrive to class.

Summer School Workshop	Workshop Location *	Day	Time	Price
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The following activities are payable to the tutor on arrival to class:

Psychology of Colours in Everyday Life	Q—Lecture Room	MON 17 JAN	10am-12pm	\$2 per session
Origami	T—Main Hall	TUE 11,18&25 JAN	9:30am-11am	\$2 per session
German Discussion Group	Q—Board Room	TUE 11 & 18 JAN	10am-12pm	\$2 per session
Dealing with Disagreements	Q—Lecture Room	TUE 11, 18 & 25 JAN	10am-12:30pm	\$2 per session
French Conversation	Q—Board Room	TUE 11, 18 & 25 JAN	12pm-2pm	\$2 per session
Guildford Walking Tour	T—Depart from TSFS Reception	TUE 11 JAN	Depart 9.30am	\$2 per session
Subiaco Walking Tour	T—Depart from TSFS Reception	TUE 25 JAN	Depart 9.30am	\$2 per session
Watercolour	T—Main Hall	WED 12 JAN	9am-2pm	\$2 per session
Needlework Social Group	T—Main Hall	WED 12 & 19 JAN	9am-2pm	\$2 per session
The Next Step in Watercolour	T—Main Hall	WED 19 JAN	9am-3pm	\$2 per session
Intro to Birdwatching	Q—Lecture Room	WED 19 JAN	10am-11am	\$2 per session
Photography	Q—Board Room	THU 13 & 20 JAN	10am-12pm	\$2 per session
History Alive	Q—Lecture Room	THU 13,20&27 JAN	10:30am-11:30am	\$2 per session
Vicarious Adventures in the Outback	Q—Lecture Room	THU 13 JAN	12:30pm-1:30pm	\$2 per session
Minimising Household Waste	Q—Lecture Room	THU 20 JAN	12:30pm-1:30pm	\$2 per session
Orchestra of Sound	T—Trinity Church	FRI 14,21&28 JAN	11am-12pm	\$2 per session

* T—Trinity Building; Q—Queens Building (refer to previous page for directions)